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northwest
centre

Northwest Wellness Centre

centre	Dorsonal Informatio	n	Date:		
Balanced health for mind, body and spirit.	Personal Informatio	11	Dale:		
Last Name:	First	First Name:		e Initial:	
Date of Birth(c	l/m/yyyy):	Age:	🛛 Femal	le 🛛 Male	
Marital Status:	Height(ft',in"):		Weight (lt	os):	
Mailing Addres	s:				
Postal Code:	Occupation	on:			
Home #:	Work#:		Cell#:		
Emergency Co	ntact name:	Relati	ionship:	Phone#:	
I would like to	receive reminders by	🗆 Email	🗆 Text Messag	ge	
🗆 Yes, I would	l like to receive occasi	onal emails v	with the latest ne	ews and updates fr	om
Northwest Wel	Iness Centre including	events, new	v services, health	tips, and promotion	ons
Email Address:			Cell Provi	der	

Confidential Consent Form for Massage Therapy

The massage therapist respects the patient's right to an informed and voluntary consent regarding care and treatment by obtaining his/her consent before providing treatment.

Your comfort and trust in the massage therapist is extremely important in providing an optimal patient/therapist relationship.

The treatment will be provided only when there is reasonable expectation that the treatment will be beneficial to the patient.

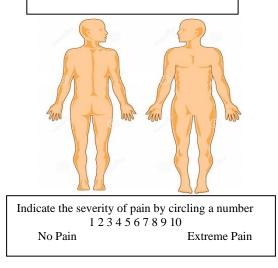
Before, during and/or after therapy, we encourage you to communicate to the therapist any aspect of the treatment in which you have concerns and/or questions.

Proper draping is always provided to ensure safety, comfort and privacy for all patients. Patients will be asked to disrobe in private and prepare themselves on the massage table. You may choose to remove or leave on clothing, according to your comfort level.

I understand that my massage therapist in *not* a physician and *cannot* diagnose or prescribe towards any medical conditions or disease. I understand that it is my responsibility to notify the therapist of any changes in my health or medical history. I understand that it is ultimately my responsibility to notify the massage therapist if I am ever in any discomfort or pain. I understand that any soreness or adverse medical condition incurred during my massage will be at my fault alone. I hereby state that I have read the information above and have provided all notable information to the best of my knowledge.

I,	_ (print name) have read and understand my rights and consent to
this, as well as, future treatments.	

Indicate the location of your pain by shaping in the appropriate area.



Health Questionnaire

Comments:

Are you taking medication? If so for what reason?

Have you ever been diagnosed or told you have any of the following?

- 1. High Blood Pressure □Yes □ No
- 2. Heart Trouble Yes No
- 3. Varicose Veins 🗆 Yes 🗆 No
- 4. Rheumatic Fever □Yes □No
- 5. Kidney/Bladder Trouble DYes DNo
- 6. Gall Bladder/Liver Trouble □Yes □No
- 7. Stomach Ulcer
 Yes
 No
- 8. Nausea or Vomiting Tyes No
- 9. Sinus Trouble □Yes □No
- 10. Lung Trouble
 Yes
 No
- 11. Shortness of Breath \Box Yes \Box No
- 12. Anemia 🗆 Yes 🗆 No
- 13. Unusual Weight Loss □Yes □No
- 14. Diabetes 🗆 Yes 🗆 No
- 15. Tuberculosis \Box Yes \Box No
- 16. Cancer/Tumor □Yes □No
- 17. Stroke □Yes □No
- 18. Epilepsy □Yes □No
- 19. Allergies □Yes □No
- 20. Skin Rash \Box Yes \Box No
- 21. Rheumatism/Arthritis □Yes □No

Please Remark On all Yes Answers:_____

- 22. Rupture/Hernia
 Yes
 No
- 23. Trouble Sleeping Tyes No
- 24. Fainting/Dizzy Spells □Yes □No
- 25. Numbness/Tingling □Yes □No
- 26. Weakness in Arms or Legs QYes QNo
- 27. Cramps or Spasm □Yes □No
- 28. Swelling/Inflammation □Yes □No
- 29. Dislocation of Joints Tyes No
- 30. Broken Bones
 Yes
 No
- 31. Back/Neck Pain
 Yes
 No
- 32. Chest Pain □Yes □No
- 33. Back/Neck Injury □Yes □No
- 34. Arm/Leg Injury DYes DNo
- 35. Head Injury DYes DNo
- 36. Nervous Disorder 🗆 Yes 🗆 No
- 37. Severe Headaches
 Yes
 No
- 38. Hard of Hearing Tyes No
- 39. Eye Trouble □Yes □No
- 40. Ear Trouble I Yes No
- 41. Jaw Noises or Pain
 Yes
 No
- 42. Knocked out/Unconscious □Yes □No

Females: Date of last menstrual period:_____ Are you pregnant now:_____

How many children do you have:

*Please inform us if you become pregnant or plan to become pregnant

What type of massage atmosphere do you prefer? Silent \Box Minimal Talking \Box No Preference \Box What type of massage are you looking for? Relaxation
Deep tissue
No Preference

<u>Northwest Wellness Centre</u> <u>Massage Fee Schedule</u>

Visit Charges

30 minutes	\$70
45 minutes	\$80
60minutes	\$95
90 minutes	130-140 (subject to practioner)

Legal Reports and insurance forms are subject to a fee.

Our office will bill directly, on the patient's behalf of Alberta Blue Cross, Alberta School Employee Benefit Plan, Greenshield, SSQ Insurance, RCMP, VETS (Medavie), Sun life, Canada Life, Manulife, Maximum benefit, Group Health, Group Source, Chamber of Commerce, First Canadian, CINUP, Claim Secure, Telus Adjudicare, Industrial Alliance, Johnson Inc., and other insurance companies.. Please check with your health care provider for massage therapy coverage as individual insurance policies may vary. The Wellness Centre is not WCB authorized.

We understand that there will be circumstances for which you may not be able to keep your appointment; we require 24 hours notice for cancelation or you will be charged half of your appointment fee.

Consent

I have read the above and understand and agree that all services rendered to me are charged directly to me and I am personally responsible for payment.

Signature:	